

# Follow Your Dream Arm or Ankle Bracelet

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Loosely inspired by the popular dreamcatchers, this bracelet inspires to follow your dreams, where ever they may lead. Knit in cotton, this bracelet is comfortable and the open lacey stitch keeps it light even with beads and embellishments. Express yourself, or gift some to your friends and family. This might be a project for an advanced beginner or intermediate knitter due to stitches and beading.



## Materials:

Crochet cotton #8 or similar size thread/yarn  
Small pony beads (iridescent beads were used in this pattern)  
Large eye needle (test to see it goes through the beads and thread can be put through the eye.)  
Knitting needles size 2.75mm or USA size 2  
Size 2 silver snaps—set of 2  
Feather charms or other charms as desired  
Scissors  
Beads – 6mm round

## Abbreviations:

K – knit  
P – purl  
YO – yarn over  
Sl – slip stitch  
PW- purlwise  
KW – knitwise  
Bead- move thread to front as if you are going to purl, do not work the stitch. Slid bead up snug against the previous st on right needle. Sl next st to right needle PW. Proceed with the work, making sure the bead stays snug against the previous st on right needle.  
CO – cast on  
BO- bind off  
PSSO – pass slipped st over the worked st (decreases a stitch)

[ ] – section that will be repeated  
P2tog – purl 2 sts together  
K2tog – knit 2 sts together

## Notes:

During the lacey sections, all slipped stitches are slipped knitwise. That is, insert the right needle as if you are planning to knit it, but don't, simply slip it onto right needle.

When slipping the stitch behind the bead, slip it purlwise, that is, slip it unworked to the right needle in the position as if you had planned to purl it.

YO on the purl side can be tricky, use tip of finger to secure the YO while doing the next stitch to make this easier. On row 2, the thread tends to slip under the bead on the opposite side, make sure it is not underneath, before finishing the stitches on Purl side (row 2 of repeats)

Bracelet can be made longer or a different width by adding or subtracting rows or repeated of the lace stitches. Remember tab sections overlap so snaps will hold bracelet closed.

Make sure beads all sit on right side, you might have to push them through if they get misaligned.

## How-to:

Before casting on, string enough beads to finish the project onto thread. Allow a few extra, in case some slip off or you need more rows.

CO 16 (16 sts)

**Tab section** (where snaps will be later, these will overlap when fastened)

Row 1- 8) k all sts. Continue working, stitch pattern changes:

**Lacy section** of bracelet (work until desired length for arm or ankle)

Row 1) K 2, bead, k1, [YO, sl 1, k 1, PSSO] repeat [ ] section to last 4 sts. K 1. Bead. K 2. (16 sts)

Row 2) K 4, [YO, p2tog] repeat to last 4 sts. K 4. (16 sts)

Row 3) K 4, [YO, sl 1, k 1, pss0] repeat to last 4 sts, k 4. (16 sts)

Row 4) K 4, [YO, p2tog] repeat until last 4 sts. K 4. (16 sts)

Row 5) K 4, [YO, sl 1, k 1, pss0] repeat to last 4 sts, k 4. (16 sts)

Row 6) K 4, [YO, p2tog] repeat until last 4 sts. K 4. (16 sts)

Repeat rows 1 - 6 of Lacy section until desired length.

**Tab section** (for second snap side)

Row 1 – 8) K all sts

BO

Weave in ends, sew on snaps, making sure you have them facing so they close the bracelet tabs properly, it is easy to sew the second side snap on wrong side of tab.

Thread additional beads and feather charms as desired and sew onto top facing portion of bracelet. The pattern sample was strung through beads, then feather charms, then back up through beads and sewn onto bracelet with a stitch tacking them to lie flat.

